



Schedule for Gaga in the Alps Schloss Elmau, March 2025

Sunday, March 16:

Arrival to Schloss Elmau

5:45-7:00 pm - Welcome talk, followed by Gaga/people class

8:00 pm - Dinner

Monday, March 17:

8:00-9:00 am - Breakfast

10:00-11:00 am - Gaga/people

11:30 am - 1:00 pm - Gaga/metodika

1:15-2:15 - Lunch

2:15-5:15 pm - time for spa, treatments

6:00-7:00 pm - Gaga/people

8:00 pm - Dinner

Tuesday, March 18:

Coffee + light snacks before the class

8:00-9:00 am - Gaga/people

9:15-10:30 am - Breakfast

11:00-12:30 pm - Gaga/metodika + conversation

1:00-2:00 pm - Lunch

2:00-5:45 pm - time for spa, treatments

6:30-6:45 p.m. - Gaga/break

7:00 pm - Dinner

8:30 pm - Film screening

Wednesday, March 19:

8:00-9:00 am - Breakfast

10:00-11:00 am - Gaga/people

11:30 am - 1:00 pm - Gaga/metodika + conversation

1:00-2:00 pm - Lunch

2:00-5:45 pm - time for spa, treatments

6:00-7:00 p.m. - Gaga/people

8:00 pm - Dinner

9:00 pm - Dancing at the bar

Thursday, March 20:

8:00-9:00 am - Breakfast

10:00-11:00 am - Gaga/people

11:00-11:30 am - Closing conversation with the teachers

12:00-1:00 pm - Farewell lunch

**This schedule is subject to change.*