



Schedule for Gaga for Therapists Bio28, May 2025

Monday, May 19:

3:00 pm - Pick up at Asti train station
3:45 pm - Check-in at Bio28
5:30-7:00 pm - Welcome talk, followed by Gaga class
7:30 pm - Dinner
8:45 pm - Getting to know you time

Tuesday, May 20:

8:00-9:00 am - Breakfast
10:00-11:00 am - Gaga
11:15-12:45 pm - Gaga/metodika + conversations
1:00-2:00 pm - Lunch
2:00-4:30 pm - Bio28 time, including tour of the grounds, gardening, etc.
4:30-6:00 pm - Lecture demonstration about Mova treatment method
6:15-7:00 pm - Gaga/break + conversation
7:30 pm - Dinner
9:00 pm - Film screening

Wednesday, May 21:

Coffee + light snacks before the class
8:00-9:00 am - Gaga
9:15-10:30 am - Breakfast
11:00-12:30 pm - Gaga/metodika + conversation
1:00-2:00 pm - Lunch
2:00-4:00 pm - Faculty office hours for short meetings with small groups
4:30-5:45 pm - Lecture
6:00-7:15 p.m. - Gaga/seated class + short panel about pain and limitations
7:30 pm - Dinner
9:00 pm - Party

Thursday, May 22:

8:00-9:00 am - Breakfast
10:00-11:00 am - Gaga
11:00-11:30 am - Closing conversation with the teachers
12:00-1:00 pm - Farewell lunch
1:15 pm - Check out and transfer to Asti train station

**This schedule is subject to change.*